



**AMAZING MOM
UNIVERSITY**

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“Faith in Families” Initiative and Partnership Opportunity The Amazing Mom University

Purpose

The purpose of this initiative is to partner with your church in strengthening families and communities by equipping mothers in your congregation with the tools, confidence, and communication strategies needed to build healthy relationships with their teenagers.

Parenting teenagers in today’s world can be one of the most difficult assignments a mother will ever face. Many mothers in your congregation are doing their best to raise their children in faith while navigating rebellion, emotional distance, and changing culture. *The Amazing Mom University* (TAMU) exists to come alongside those mothers—helping them rediscover peace, confidence, and joy in their parenting journey through faith-based communication strategies.

Through TAMU’s 8-week online course, *“Harmony at Home: A Mom’s Guide to Effective Communication with Her Teen,”* participating mothers will gain faith-based, research-informed skills to navigate conflict, improve understanding, and create peaceful, productive homes.

By investing in mothers—especially those raising at-risk or struggling teens—this program supports the broader goals of community safety, emotional health, and academic success. When communication within the home improves, behavioral challenges decrease, and families experience restoration that ripples throughout schools, neighborhoods, and the city as a whole. Simply put: “When moms thrive, families flourish—and when families flourish, communities grow stronger.

A Ministry Opportunity

As the church, we are called to outfit families with tools that not only strengthen their faith, but also bring healing and restoration. TAMU helps fulfill this calling by addressing one of the most pressing family needs today—the strained relationship between mothers and teenagers.

Proverbs 22:6 reminds us: *“Train up a child in the way he should go, and when he is old he will not depart from it.”* However, effective training begins with connection, and connection begins with communication.

What Moms Will Learn

The *“Harmony at Home”* program offers biblical guidance and practical tools for:

- Understanding individual communication and parenting styles.
- Building trust while maintaining authority.
- Learning the art of active listening and empathy.
- Resolving family conflict in love.
- Setting Godly boundaries that promote independence and respect.

Each week includes interactive lessons, video teachings, journaling exercises, and community discussions—all rooted in Christian principles. The courses are also designed for busy mothers to work at their own pace, aligned with their unique schedules.

Why This Matters for the Church

When mothers are equipped with biblical strategies for communication, the church sees transformation that extends beyond the home:

- Families experience greater peace, love, and unity.
- Teenagers grow in obedience, faith, and self-respect.
- Mothers become stronger mentors, prayer warriors, and role models in their congregations.

Galatians 6:9 says: *“Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up.”* This program helps moms keep sowing seeds of love, grace, and faith—even when parenting feels like a battle.

Special Partnership Offer for Churches

For the months of November and December, *The Amazing Mom University* is extending a special church partnership discount. The full course, valued at \$2,824, will be offered to churches for only \$99 per enrolled mom. Each participant receives:

- The full 8-Week Online Course: *“Harmony at Home: A Mom’s Guide to Effectively Communicating with Her Teen”* (valued at \$1,797)
- A Free, Introductory Course Bonus: *“The Chords of Change: Navigating the Teenage Mind”* (valued at \$497)
- Two Months of VIP Membership in the *“Effective Communicators”* Support Group (valued at \$400)
- The Comprehensive Parenting Course Workbook (valued at \$130)

This is a wonderful opportunity for your church to sponsor mothers in your congregation who are struggling to connect with their teens, or who simply need encouragement, guidance, and a faith-filled support system.

About the Founder

Claudia Lewis, MT-BC, is a wife, mother of seven adolescent children, worship leader for nearly 30 years, and a board-certified Music Therapist with over 20 years of experience in child and adolescent mental health. Despite the common warnings about the challenges of parenting teenagers, Claudia has embraced this phase of motherhood with enthusiasm and optimism.

With almost two decades of experience in child and adolescent psychiatry, Claudia has honed her skills in understanding the intricacies of the adolescent brain. One of the key facets of her expertise lies in her ability to effortlessly build rapport, break down communication barriers, and bridge generational gaps almost instantly—an ability she takes pride in.

Claudia's professional journey has allowed her to connect with teenagers from all corners of the globe. Through active listening, she has gained profound insights into their thoughts, emotions, and essential needs. Leveraging this wealth of experience, Claudia is passionate about sharing invaluable tips and strategies that have contributed to her family's amazing journey through the teenage years.

As a firm believer in the transformative power of understanding and effective communication, Claudia is eager to empower fellow moms. Her goal is to guide them in becoming adept at connecting with their teenagers, fostering healthy family relationships, and navigating the challenges of adolescence with confidence. As the founder of *The Amazing Mom University* and author of the comprehensive textbook on parenting teens: *"Harmony at Home: A Mom's Guide to Effective Communication with Her Teen,"* Claudia has dedicated her life to helping mothers bridge communication gaps with love, patience, and biblical wisdom.

Isaiah 41:10 reminds us: "Do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand." This message is at the heart of every lesson—reminding moms that they are not alone and that with God's help, they can restore harmony in their homes.

What the Community is saying about *The Amazing Mom University*:

- *"It is readily apparent that Claudia is both passionate about her work and is highly skilled in profoundly impacting children and teenagers."*

Beth R., LMSW, Behavioral Health Family Support Coordinator

- *"Claudia is extraordinary in her presentation, and interactive throughout her group sessions."*

Nicole G., Recreational Therapist and Mother of one

- *"Claudia's program gave a measure of lifting the spirits to a place of being inclusive, not left out, and putting that feeling of being able to do things back again. Claudia has a big heart. True caring is something that she shares with people, and she has a laughter that invites those around her to stop and take notice or want to take part. A very good person and a very good therapist."*

Betty L., Retired Program Coordinator, MADC

- *"Claudia builds and maintains rapport with persons of all ages, developmental levels, backgrounds, diagnoses, and quickly identifies potential stressors in the group and turns them into positive coping lessons. She knows how to reach the unreachable through her creative and artistic ability, and is not afraid to be silly and get on the clients' level to enhance engagement. She is always ready and willing to help when needed, all while maintaining a high level of professionalism in her work maintaining appropriate boundaries."*

Lori D., Mother of one

- *"Claudia's skill and ability to impact the youth...is incredible. I have never seen someone so dedicated and hardworking in their endeavor to help others. She has always gone above and beyond...and does so with a passion and energy that is inspiring to all those around her. She is honest, kind, and has an overall outstanding character. Throughout the many years I have known her, I have seen her inspire children, and adults alike, and I have the utmost confidence that she will continue to do so."*

Rachel S., Youth Counselor and Mentor

- *“Claudia makes a difference in the lives of children and teens weekly. Whether they are suffering from depression or suicidal ideation, when they come to Claudia's sessions, the depression or SI has subsided in that time period.”*
Celena K., Counselor and Mother of one
- *“Claudia has always been an inspiring mentor. She has had the opportunity to work with children with behavioral issues from ages 6-18 years, and have made a positive impact in their lives. She is professional, very educated, and talented.”*
Renae R., Behavioral Interventionist
- *“I respect Claudia's enthusiasm and her ability to create an atmosphere of positivity and inclusiveness.”*
LaShonda P., MS, OT/L and Mother of two
- *“Claudia's enthusiasm is contagious. When she walks into a room, there is no possible reaction other than to smile and to know that there is fun about to be had. I see Claudia doing great things with her past and future conferences and workshops. If Claudia could bring such a change of atmosphere to us simply with her presence and expertise in Music Therapy, I can't imagine what she can do when more doors and possibilities begin to open for her. I truly hope you understand how much of an impact Claudia has made on each community she is involved with.”*
Zach S., Adolescent Client
- *“Claudia has been a blessing to me and my babies, now let her encourage and be a blessing to you! She's a God-fearing and amazing mom!”*
Whitley M., Mother of three
- *“They say that parenting teenagers doesn't come with an instruction manual...now it does!”*
Emily Shapland, Nashville Journalist and Mother of two
- *“The 'Harmony at Home: A Mother's Guide to Effectively Communicating with Your Teen' Workbook is like a therapist in a book!”*
Awilda Jones, MA, Author, Digital Creator, and Life Coach

Next Steps

We would love to partner with your church to make this life-changing resource available to the mothers in your congregation. Please prayerfully consider sponsoring one or more moms to participate in this special program at the discounted rate of \$99 per person during November and December. Our next 8-week course begins on January 5, 2026.

[You may access your ready-to-use church announcement packet here.](#)

Together, we can strengthen families, transform homes, and empower the body of Christ—one mother at a time.

Contact Information:

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“When moms thrive and families flourish, societies shift.” – Claudia Lewis